

8 ALDI FREEZER MEALS

for \$50

Grocery Shopping List



Meats & Dairy

- 1 Package Fresh Ground Turkey
- 1 Pork Sausage Roll
- 2 Fresh Whole Chickens
- 1 Container Low Fat Cottage Cheese
- 1 Package Shredded Mild Cheddar Cheese
- 1 Package Shredded Mozzarella Cheese
- 1 Package Shredded Colby Jack Cheese

Fresh & Frozen Produce

- 1 Sweet Onion
- 1 Package of Mushrooms
- 1 Package Frozen Shredded Hashbrowns
- 1 Bag of Frozen Corn

Dry Goods

- 1 Package Tortellini
- 1 Package of Turkey Pepperoni
- 2 Cartons Reduced Sodium Broth
- 1 Jar Pasta Sauce
- 1 Jar Pesto Sauce
- 1 Jar Pizza Sauce
- 1 Jar Salsa
- 3 Cans Black Beans
- 2 Cans Crushed Tomatoes
- 1 Package Flour Tortillas
- 1 Bottle Organic Ketchup

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