

THE GROCERY STORE 10 COMMANDMENTS

10 Strategies to Save Money Every Time You Shop!

1. Thou Shalt Not Shop When You Are Hungry
2. Thou Shalt Not Shop After 9 p.m.
3. Thou Shalt Shop the Perimeter
4. Thou Shalt Use Cash Only
5. Thou Shalt Take 3 to 5 Items Out of Your Cart
6. Thou Shalt Not Shop for Leisure
7. Thou Shalt Look High and Look Low
8. Thou Shalt Shop With Your Spouse Upon Occasion
9. Thou Shalt Have a Written Plan
10. Thou Shalt Use Coupons



**Read Why You Should Have Grocery
Store Commandments & Create
Your Own in *Slaying the Debt Dragon!***

*From Slaying the Debt Dragon: How One Family Conquered Their Money Monster
and Found an Inspired Happily Ever After by Cherie Lowe*